

Macmillan Cancer Champion - Role Profile

Location: Throughout Lewisham

Organisation: Age UK Lewisham and Southwark

Reporting and supported by: Volunteer Coordinator

What is this role?

Cancer Champions are at the heart of our project. You will help us reach people in our community, particularly those who may not always have easy access to information and support them to feel more informed, confident, and less alone when it comes to cancer.

Your role is to raise awareness about cancer, including the importance of screening, early signs and symptoms, and to help address common myths and taboos. You will also help connect people to local services and support where needed.

This role is about creating positive, everyday conversations that encourage people to take small, meaningful steps towards their health and wellbeing.

Some of the things you may do:

- Have friendly, informal conversations about cancer awareness
- Share information on screening, early signs and symptoms
- Help address myths and reduce stigma around cancer
- Encourage early action and signpost people to local support and services
- Listen with care, respect, and without judgement
- Attend or support community events and outreach activities
- Help reach and engage underrepresented communities
- Share information through your networks, community spaces, or social media
- Distribute leaflets and resources where appropriate

This is a flexible role, and you can get involved in ways that suit your time, interests, and confidence, whether that is in your workplace, social groups, or local community. Whatever your contribution, you will be helping to make a real difference.

What's in it for you? (The benefits)

As a Cancer Champion, you will:

- Make a real and visible difference in your community
- Gain confidence and satisfaction from helping others
- Build valuable skills in communication, listening, and networking
- Receive free training and ongoing support
- Learn more about cancer, health, and wellbeing
- Meet new people and feel part of a friendly, supportive team
- Gain experience that can support future volunteering or employment
- Receive recognition for your contribution
- Have agreed out-of-pocket expenses reimbursed

What do you need?

You don't need professional experience. We're looking for people who are:

- Caring, compassionate, and trustworthy
- Good listeners and communicators
- Non-judgemental and respectful of different backgrounds and lifestyles

Training and support

You will receive an induction, training, and regular personalised support from the Volunteer Coordinator to help you feel confident and supported in your role.

Who can apply?

- Anyone aged 18 or over who lives, works or accesses healthcare in Lewisham and has been affected in some way by cancer.

How to get involved

It starts with a friendly, informal conversation, no pressure and no commitment, to talk about your interests and how this role could work for you.