



CANCER CHAMPIONS

2026 SUMMER NEWSLETTER

Welcome to Our First Cancer Champions Newsletter!

We're so excited to share our very first newsletter with you, celebrating everything our growing community has achieved since the start of the year. Join us inside, where you'll meet some of your new Volunteer Cancer Champions and see some of the places we've visited across Lewisham Borough.

We also share how we've been working collaboratively with services and community groups across the borough to raise awareness of cancer, promote prevention messages, and help more people access trusted information and support.

You'll also find out where the Cancer Champions are heading next and how you can get involved.

This is only the beginning, and we're so glad you're part of it!



CANCER CHAMPIONS PROJECT



Our Purpose & Vision

To improve cancer outcomes for people living in the London Borough of Lewisham by working towards a future in which everyone is informed, supported and empowered to take action to protect their health through early diagnosis and screening.

Our Mission

The Cancer Champions project aims to reduce health inequalities and improve early cancer detection by:

- Raising awareness of cancer signs and symptoms to look out for
- Promoting the importance and benefits of cancer screening and early diagnosis
- Addressing myths, fears and barriers that prevent people from engaging with cancer services
- Working collaboratively with other groups and services



Our Values

Our work as Cancer Champions is guided by the following values:

- We respect the diversity and lived experiences of our communities
- We are committed to fairness, equality and inclusion
- We work collaboratively and positively with others
- We are approachable and committed to making a positive difference in our communities

Places We've Been

so far in... 2026

We've visited 37 groups and had 258 meaningful conversations!



Events We've Attended

Lewisham Healthy Hearts Fair

We were delighted to attend this event in the north of the borough, hosted by Red Ribbon Living Well and North Lewisham PCN. We had some fantastic conversations with residents, answered questions, shared information, and helped people feel more informed about reducing their cancer risk



Glass Mill Community Assessment

In July, we hosted an information table, sharing cancer awareness leaflets and speaking with members of the community. It's a welcoming place to connect with local people and help more residents feel informed and supported.



Coffee Mornings

Since hosting our first coffee morning in January at the Albany with just three volunteers, our Cancer Champions community has grown to 10 amazing people! We have brought volunteers together to connect, share resources, and prepare to have important conversations about cancer across the community.



Connecting with the Community

We visited groups across the borough, including Bellingham Community Projects – Tea & Toast, Telegraph Hill Centre, the Patient led Bowel Cancer Support Group, and Orchard Garden Community Centre. Each visit gave us the chance to have meaningful conversations and share helpful resources.



Champions in the Community

Meet Our First Three Volunteers!

Being a Cancer Champion means every conversation can make a difference. By promoting screening, I can help reduce stigma, encourage early detection, and support better health outcomes. Knowing that even one conversation could lead to an earlier diagnosis and better outcomes makes volunteering incredibly rewarding.



Sarah



Alero



Marcia

I am so proud to be a part of the Cancer Champion team! Cancer information and resources need to be accessible for everyone, and one conversation can really make a difference.

I'm proud to be part of the Age UK Lewisham & Southwark Cancer Champion Project, helping raise awareness and connect people with trusted cancer information and support. Our inspiring Champions are breaking down barriers and helping people in their communities feel more informed and confident about their health.



Sarah

Cancer Champions Volunteer Coordinator

Cancer Champions Service Manager



Elaine

Cancer Project Manager



Jess

Would you like to make a difference in your community? Click [HERE](#) to volunteer to become a Cancer Champion!

Meet The Team!

UPCOMING 2026

Events

**13
Aug**

Calabash Cancer Screening & Awareness Workshop
10:00AM-12PM

**21
Aug**

Outreach Ladywell Unit with Together for Wellbeing
2:00 PM - 4:00 PM

**26
Aug**

Calabash Cancer Screening & Awareness Workshop
10:00 AM - 12PM

**06
Sep**

Latin American Cancer Screening Awareness Event at St. Saviours Church, Lewisham
2:30PM-6PM

**08
Sep**

Calabash Cancer Screening & Awareness Workshop
10:00 AM - 12 PM

**09
Sep**

Health & Wellbeing Drop-in at the Green Man
11:00 AM - 3:00 PM

**09
Sep**

Community Assessment Day at GlassMill Leisure Centre
9:00 AM - 4:00 PM

**09
Oct**

Colorectal Health & Wellbeing Event at Lewisham Hospital
9:00AM-5:00PM

**COMING UP
in our
NEXT
NEWSLETTER**



In our next Cancer Champions Newsletter, you'll meet more of our incredible volunteers and learn about the Cancer Screening & Awareness Workshops we'll be delivering across the borough. We'll share how these sessions are helping local people understand the importance of screening, answer common questions, and encourage informed conversations about cancer prevention and early diagnosis.

FOLLOW US!

Scan the QR Code to follow [Community Connections Lewisham](#) on Instagram and see what we've been up to, check out our Cancer Awareness Posts and upcoming events. You can show your support by liking and sharing our content. Every action helps spread the word and connect more people in our community with cancer support, information, and services.



Lewisham
& Southwark
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